# Mag. Iveta Strnadova MBA

Coaching – Training – Moderation Business Consultancy

#### Personal data

- Born 27.06.1974 in Prague
- Living in a partnership, 2 children
- Languages: German, Czech, English
- Phone: +43 677 61 26 49 28
- E-mail: iveta@lebedichselbst.at

## Core competences and work areas

- · Coaching, individual and teamcoaching
- Personality development
- Communication and conversation
- Negotiation technics
- Conflict management
- Stress and state management
- Team development
- Leadership motivation coaching
- Neurolinguistic programming
- Systemic consulting
- · Crisis interventions
- Intercultural competence
- Strategy development and analysis
- Organizational development
- Moderator of examinations and workshops
- Mediator in the economic environment

### **Career history**

- Management and management tasks in Austria and the Czech Republic: Management, Supervisory Board, Procura
- Professional experience in various sectors and in different positions (personnel, board of directors, participation management, strategy and organizational development, sustainability reporting)
- Self-employed since 2009: coach, trainer, moderator, corporate consultant

#### References

Helga Obermair / systemic consulting and systemic trainings, Orthobion GmbH, ASCO Germany GmbH, Energie AG Oberösterreich, Energie AG Bohemia s.r.o., VaK Beroun, a.s. (Czech Republic), Johannes Kepler University of Linz, Lawyer Dr. Michael Metzler, Tax Advisory Board Leitner & Leitner, Blu Spirit GmbH



# Qualification and continuing education

- Business consultant
- NLP Instructor (DVNLP, INLPTA)
- NLP Master Coach (NLP Coaching Association)
- Dipl. Life and social consultant
- Dipl. Montessori training "New ways of learning"
- Studied law (Johannes Kepler Universität Linz)
- Global Executive MBA at LIMAK (study stays USA, Hong Kong, Brussels)
- Systemic training
- Enneagram
- Brain Gym
- Mega Memory
- Meta communication
- Intuition
- Leadership
- Conflict management
- Decision-making
- Problem solving
- Project management
- Mental training
- Moderating, presentating
- Work-life balance and time management
- Healing the inner child
- Specific women's items
- Brand building and maintenance as a strategic management task
- Innovation
- Finance
- Body language
- Working with large groups